

It's not easy to quit
on your own, but
Teladoc can help.



Teladoc® gives you the resources, support and accountability you'll need to get through each day smoke-free. **To enroll in our tobacco cessation program, simply request a General Medical visit** and tell the doctor you're interested in the program. There is no cost for the initial doctor visit or to enroll in tobacco cessation, so the entire program is FREE.



Ongoing support and follow-up from a tobacco cessation coach at regular intervals



24/7 support hotline available to answer questions and provide helpful resources



FDA-approved medication for tobacco cessation can be prescribed, if necessary

Take the first step to being smoke-free

Teladoc.com | 1-800-TELADOC (835-2362) |  | 

